



**Developmental Pathways**

*Dedicated to Individuals with Disabilities*

# 2017 - 2018 Year Round Respite Guide



**Year-Round Respite Guide 2017-2018**  
**Specialized Programs for Individuals with Intellectual and Developmental**  
**Disabilities and/or Special Health Care Needs**

**Table of Contents**

Ascendigo	4
Adam’s Camp- Early Start, Pathfinder, Trailblazer <sup>†</sup>	4
Adaptive Adventures	5
Aspen Camp	5
Aurora Recreation Therapeutic Programs	5
Beyond Classroom Walls <sup>†</sup>	5
Breckenridge Outdoor Education Center (BOEC)	6
The Clubhouse	6
Colorado Acts – Shining Stars	6
Colorado Lions Camp <sup>†</sup>	6
Continuum of Colorado	7
Denver Parks and Recreation – Adaptive Recreation	7
Easter Seals Colorado <sup>†</sup>	8
Expand – Boulder County Program	8
Garden Autism Services <sup>†</sup>	8
Great Play	8
Highlands Ranch Therapeutic Recreation Program	9
HILLS, Inc	9
Megan’s Place LLC <sup>†</sup>	9
National Sports Center for the Disabled (NSCD)	10
Parker Recreation Programs	10
The Rhythm Within	10
Round Up River Ranch – Family Camps	10
Santa Fe Art Gallery	10

South Suburban Parks and Rec. - S.T.A.R. Program	11
Wilderness on Wheels	11
YMCA Camp Jackson	11
YMCA of Metropolitan Denver – Autism Respite Program	12



This resource is provided as informational only. We do not endorse any services listed. Please use your own discretion when utilizing services from any providers and contact the camps directly for more information.

<sup>†</sup>Provider has program approval to provide respite within the applicable Home and Community Based Services (HCBS)-Support Living Services and HCBS-Children’s Extensive Support Medicaid waivers.

## **Ascendigo**

Website: <http://ascendigo.org/>

Phone: (970) 927 - 3143

Email: [asingiser@ascendigo.org](mailto:asingiser@ascendigo.org)

Cost: Varies by program- check website or email for more information; scholarships available

*Saturday Adventure Program:* Our weekend program runs throughout the school year, offering a variety of outdoor and indoor activities throughout the Roaring Fork Valley. The program is designed for individuals on the autism spectrum, ages 6+. For more information or registration contact Conlan McGough at [cmcgough@ascendigo.org](mailto:cmcgough@ascendigo.org) or 970-927-3143 - Dates: Please visit the website for dates and times

*Winter Adventures:* Ascendigo's Winter Adventures Programs take place at Aspen Snowmass. Enjoy skiing and snowboarding at one of the world's premier family-friendly resorts; includes private lessons with a skiing professional who specializes in teaching those across the autism spectrum. Dates: Please visit the website for more dates and times

*Summer Adventures:* Ascendigo offers rewarding and challenging summer camps with positive, autism-friendly supports so your child can succeed and have fun. The Ascendigo team has the specialized training to work with all levels of ability, behaviors and functioning. We offer 9 weeks of camp, with residential and day options, in the Colorado Rocky Mountains. Sports include: Alpine Sports, Lake Sports, Ranch Sports and River Sports. For more information please call (970)-927-3143, or email Lauren Cantone at [LCantone@ascendigo.org](mailto:LCantone@ascendigo.org). Dates: Please visit the website for more dates and times

## **Adams Camp - Pathfinder, Explorer, Trailblazer & Pioneer**

Website: <http://www.adamscamp.org>

Phone: (303) 563 - 8290

Email: [communication@adamscamp.org](mailto:communication@adamscamp.org)

Cost: Varies by program- check website or email for more information; scholarships available

### *Adventure Camp 2018*

Winter Week at Snow Mountain Ranch: March 25-30<sup>th</sup> (ages: 18+)

Spring Downtown Denver Weekend: April 21<sup>st</sup>-22<sup>nd</sup> (ages 16+)

Summer Camps (Pathfinder, Explorer, Trailblazer & Pioneer) at Snow Mountain Ranch, Granby:

June 17-22, 2018

June 24-29, 2018

July 8-13, 2018

July 15-20, 2018

July 29-August 3, 2018

Additional Information: Each week-long therapy camp provides intensive therapies for children with developmental delays as well as activities and support for moms, dads, and siblings to unwind and re-energize in a supportive and caring environment. Therapists focus on each child's strengths to provide goal-centered, outcome-based treatment.

### **Adaptive Adventures**

Web site: <http://adaptiveadventures.org/program/alpine-skiing-and-snowboarding>

Phone Number: (303) 679-2770

Call for specific dates and pricing.

*STARS Camp*: A sports camp for youth with physical disabilities who want to learn how to ski or snowboard. STARS Camps are also great for those who have skied or snowboarded before and would like to advance their skills. Private and group lessons will be provided in fun and exciting environments.

*All Mountain Camps*: The goal is to provide a fun, social environment for intermediate and above adaptive skiers and riders to improve their skills and meet some new friends in the process.

### **Aspen Camp**

Website: <http://www.aspencamp.org/wintercamp>

Contact: 1-970-315-0513

Email: [office@aspencamp.org](mailto:office@aspencamp.org)

### *Winter Camp*

Date: TBD Ages 10-17

Cost: \$399 - Scholarships and payment plans may be available.

Additional Information: In addition to skiing/snowboarding instruction, participants will enjoy bonfires, snowball fights, trips to hot springs, costume days, games, homework time, and the chance to make great friends!

### **Aurora Recreation Therapeutic Programs**

Website: [https://www.auroragov.org/things-to-do/recreation\\_sports\\_programs/therapeutic\\_recreation/](https://www.auroragov.org/things-to-do/recreation_sports_programs/therapeutic_recreation/)

Phone: (303) 326-8410

Email: [bbolks@auroragov.org](mailto:bbolks@auroragov.org)

Ages: 13 and up

*Programs and Activities* - Aurora Recreation Therapeutic Programs offer two types of opportunities for individuals with disabilities.

- The TR program is solely for individuals with developmental/physical disabilities.
- Inclusion services are offered to assist you in determining your leisure interests and abilities for participation in our general recreation activities.

### **Beyond Classroom Walls**

Website: <http://socialskillsdenver.com/summer-camps/>

Phone Number: (303)-330-3309

Age: Elementary School

Cost: Varies by program, call for specific pricing

Dates and Times: Beyond Classroom Walls offer two, fun and intensive half-day therapy camps during July and August for school age students. Beyond Classroom Walls work with students who have developmental disabilities with a diagnosis of Autism Spectrum, Down's Syndrome, sensory processing, attention deficit, a learning or intellectual disability or

multiple or unique diagnosis. For our summer camp program, we group kids based more on language and cognitive ability than age. Our traditional school year programs are more closely matched by age.

### **Breckenridge Outdoor Education Center (BOEC)**

Website: [www.boec.org](http://www.boec.org)

Phone Number: (970) 453-6422 (Toll Free Number: 800-383-2632)

Email: [boec@boec.org](mailto:boec@boec.org)

Call or email for dates, costs, and additional information.

Additional Information: The mission of BOEC is to expand the potential of people of all abilities through meaningful, educational, and inspiring outdoor experiences. BOEC offers an [Adaptive Ski and Ride School](#) and [Wilderness Programs](#). BOEC features a residential lodge, climbing wall, high ropes course, rafts, canoes, and sea kayaks.

### **The Clubhouse**

Location: 11111 E Mississippi Ave Aurora CO 80012

Phone Number: (303) 214-3390, call to register

Dates: First weekend of December 2017, 1:00PM – 4:30 PM

Cost: \$35 Ages: 3-18 years old

Additional Information: Continuum of Colorado teamed up with Developmental Pathways' Community Outreach for a respite program called The Clubhouse. The group will be split by age/interest and will include: Young Athletes, Art, Music, Science, Animals, and more!  
\*\* The Clubhouse will be presenting new respite care opportunities starting in January 2018, through Elevate 365, please call 303-214-3400 for additional information.

### **Colorado Acts – Shining Stars**

Website: [www.coloradoacts.org](http://www.coloradoacts.org) Email: [coloradoacts@yahoo.org](mailto:coloradoacts@yahoo.org)

Phone: 303-456-6772

Ages: 4-18

Additional Information: Shining Stars is a drama camp experience for children with special needs and provides students the opportunity to expand their communication and social skills.

### **Colorado Lions Camp**

Website: [www.coloradolionscamp.org](http://www.coloradolionscamp.org)

Email: [coloradoacts@yahoo.org](mailto:coloradoacts@yahoo.org)

Phone: (719) 687-7435

Cost: \$200/weekend \*\*Camp can bill Medicaid directly\*\*

Dates: Nov 10<sup>th</sup> – 12<sup>th</sup> 2017

Feb 17<sup>th</sup> – 19<sup>th</sup> 2018

April 6<sup>th</sup> -8<sup>th</sup> 2018

Additional Information: Each respite camp is limited to 20 campers. There are outdoor activities, crafts, cooking, self-esteem building, etc. Campers arrive Friday between 6:00-7:00pm and are picked up by 11:00am on Sunday.

### **Continuum of Colorado**

Website: [www.continuumofcolorado.org](http://www.continuumofcolorado.org)

Participate in community outings, volunteer work, and our educational and recreational site based activities.

Dates: Call for specific dates and pricing

Phone: 303-214-3389

Time: 9:00 a.m.-3:00 p.m.

Location: 11111 E. Mississippi Ave.

Cost: Private pay and wavier funding accepted

Ages: 18-21

### **Denver Parks and Recreation – Adaptive Recreation**

Website: <http://www.denvergov.org/content/denvergov/en/denver-parks-and-recreation/activities-programs/adaptive-recreation.html>

Phone Number: (720) 865- 0820                      Email: [adaptive.recreation@denvergov.org](mailto:adaptive.recreation@denvergov.org)

Cost: Prices vary, call for additional information

*Saturday Challengers:* Activities include a variety of sports, dancing, drama classes, adaptive water skiing, hiking, camping and more!

*Special Olympics:* Special Olympics is to provide quality, year-round sports training in a variety of Olympic-type sports for children and adults with developmental disabilities. In addition, the Special Olympics provides opportunities to develop physical fitness, demonstrate courage, and experience friendships with their families and other Special Olympics athletes in the community.

September-November: Bowling, Volleyball, and flag football

*Additional Information:* Denver Parks & Recreation (DPR) offers therapeutic programs for people with disabilities at any age. Through numerous leisure activities, Certified Therapeutic Recreation Specialists and other DPR team members create opportunities to improve quality of life, foster independence and boost self-esteem.

### **Easter Seals Colorado**

Website: <http://www.easterseals.com/co/our-programs/>

Phone Number: (303) 233-1666 x237

Email: [nhanson@eastersealscolorado.org](mailto:nhanson@eastersealscolorado.org) (Nancy Hanson)

*Discovery Club:* A day for children to explore and learn in a friendly social setting. Kids will meet new friends and enjoy recreational activities such as sports, games, singing, drama, and more. 10am – 4pm, Ages: 6-18, Cost: \$40 annual registration fee, \$35 per person or \$60 for 2+ Children per session.

Discovery Club dates:

Aurora- Jan. 27, Feb. 24, Mar. 24, Apr. 28, and May 26.

Boulder- Nov. 11, Dec. 9, Jan. 13, Feb. 10, Mar. 10, Apr. 14 and May 12.

Fort Collins- Jan. 27, Feb. 24, Mar. 24, Apr. 28 and May 26.

Northglenn–Dec. 2, Jan. 6, Feb. 3, Mar. 3, Apr. 7 and May 5.

Highlands Ranch- Nov. 18, Dec. 16, Jan. 20, Feb. 17, Mar. 17, Apr. 21 and May 19  
*Rocky Mountain Village Weekend Respite Program:* During the non-summer season, camp provides approximately seven respite weekends. Campers come to Rocky Mountain Village to get away and relax while giving their families a short rest from care-giving. Prices vary, scholarships are available. Rocky Mountain Village Camp Phone Number:  
(303) 569-2333

### **Expand – Boulder County Program**

Website: [www.bouldercolorado.gov/parks-rec/expand-program-for-people-with-disabilities](http://www.bouldercolorado.gov/parks-rec/expand-program-for-people-with-disabilities)

Phone Number: (303) 413-7269 Email: [lasherc@bouldercolorado.gov](mailto:lasherc@bouldercolorado.gov) (Cory Lasher)

Ages: 8 and up (activity-specific age requirements apply)

#### **Program Supports:**

- \*Autism
- \*Blindness/Visual Impairments
- \*Traumatic Brain Injury
- \*Cerebral Palsy
- \*Developmental Disabilities
- \*Emotional/Behavioral Disorders
- \*Epilepsy
- \*Deafness/Hearing Impairments
- \*Learning Disabilities
- \*Multiple Sclerosis
- \*Physical Disabilities such as Spinal Cord Injuries, Spina Bifida or Paralysis
- \*Psychiatric Disabilities

*Cost:* Prices vary, call for additional information.

After School, Weekend, and Overnight Programs available. Activities include a variety of sports, yoga, adventure activities such as rock climbing and hiking, overnight camping, art, writing, music, and social events.

### **Garden Autism Services**

Website: [www.gardencolorado.org](http://www.gardencolorado.org)

Email: [lauren@gardencolorado.org](mailto:lauren@gardencolorado.org)

*Cost:* Prices vary, email for additional information. Apply online.

*After School Program:* Ages 8 – 21. Activities include swimming, bowling, hiking, rock climbing, basketball, golf, art therapy, music therapy, horticultural therapy, restaurants, libraries, cooking, volunteering, light rail and more!

*iThrive Young Adult Day Program:* Ages 17 and up. Offered year-round, participants cultivate vocational, social and daily living skills in a fun, active and supportive environment. Activities include cooking, bowling, sporting events, exercising, hiking and more.

### **Great Play**

Website: <https://www.greatplay.com/highlandsranch/local/great-play-camps>

Phone Number: (303) 470-0250 Email: [info@highlandsranch.greatplay.com](mailto:info@highlandsranch.greatplay.com)

*Cost:* 1 Day of Camp - \$30, 2 Camp Days - 2 or more days at a 15% discount - \$25 per camp  
Camps are generally offered during extended school breaks (summer and holidays).



Dates: 4-8 year olds: Nov. 25 – 1:30-4:00pm  
3-6 year olds: Dec. 19, 20, 21, 22, 23, 27, 28, 29, 30 – times vary, refer to website  
4.5-10 year olds: Dec. 20, 21, 22, 27, 28, 29 – times vary, refer to website  
See website for additional dates and times

**Highlands Ranch Community Association - Therapeutic Recreation Program**

Website: <http://hrcaonline.org/Classes-Camps-Activities/Therapeutic-Recreation>  
Phone Number: (303) 471- 7043 Email: [summer.aden@hrcaonline.org](mailto:summer.aden@hrcaonline.org) (Summer Aden)  
Winter Camp – January 2 and 4<sup>th</sup> from 9am – 12noon  
Cost: Out- side of Highlands Ranch \$69  
Member \$60  
Prices vary for other activities – call for additional information

**HILLS, Inc.**

Website: <http://dev.hills-inc.org/trips/> Email: [info@hills-inc.org](mailto:info@hills-inc.org)  
Phone Number: (303) 875-9149  
Ages: 13 and up

*Friday Fun Days:* HILLS would like to announce our new Friday Craft Day! Once a month, you can show off your creative side and, most of all, have fun! The Program Director will guide participants through a fun, seasonal craft! Transportation and lunch will also be included. NO experience needed! Cost: \$85 Dates: Nov 18<sup>th</sup>, Dec 9<sup>th</sup>

*New Years Eve Celebration:* Dec 31<sup>st</sup> – Jan 1<sup>st</sup> 4:00pm – 10:00am, Denver-area hotel. Before counting down to midnight, we will dance the night away, socialize with friends, and enjoy dinner and a movie. Don't want to stay up until midnight? No problem! We have an early and late sparkling cider toast! This is a fun and safe way to celebrate New Year's Eve!  
Cost: \$250

*Additional Trip Dates and Prices vary.* HILLS, Inc offers year-round trips for individuals with disabilities. They offer single day, weekend, and week-long trips. Call for information.

**Megan's Place LLC**

Website: [www.megansplacellc.org](http://www.megansplacellc.org)  
Phone Number: (303) 881 – 4988  
Ages: 3 – 16 years old  
Cost: \$10/hour

Additional Information: Megan's Place offers care for individuals with disabilities. They offer after-school (3:30-10:00pm) and weekend care, field trips, and family activities. (Additional fees may apply depending upon the child's needs)

### **National Sports Center for the Disabled (NSCD)**

Website: <http://nscd.org/program/day-camps/>

Phone: (970)-726-1518

Cost: Dates and prices vary, call for additional information.

*Winter & Spring Programs available:* Canoeing, Kayaking, Rock Climbing, Skiing, Snowboarding, and Ski Biking day camps; Multi-day and overnight camps also available. See website for more details.

### **Parker Recreation Programs**

Website: [www.parkerrec.com/892/Therapeutic-Recreation](http://www.parkerrec.com/892/Therapeutic-Recreation)

Phone Number: (303) 805- 3208      Email: [tbickel@parkeronline.org](mailto:tbickel@parkeronline.org) (Terry Bickel)

See website for session dates and costs. Scholarships are available for eligible families.

Offering year-round programs such as dances, game nights, and holiday-related experiences.

### **The Rhythm Within**

Website: [www.therhythmwithin.net](http://www.therhythmwithin.net)

Phone Number: (303) 827-418      Email: [bluewoodfire@hotmail.com](mailto:bluewoodfire@hotmail.com) (Jonah Berger)

Cost: \$40/hour for Therapeutic Mentorship; Overnight and daily rates vary by case.

### **Round Up River Ranch – Family Camps**

Website: [www.roundupriverranch.org](http://www.roundupriverranch.org)

Phone Number: 970-524-2267      Email: [info@roundupriverranch.org](mailto:info@roundupriverranch.org)

Cost: FREE

Please visit the website for dates and times of camps

Additional Information: Camp designed for children with chronic and life-threatening illnesses. Activities include boating, fishing, music, horseback, riding, and challenge course. Location is near Gypsum, CO.

### **Sante Fe Art Gallery**

Website: <http://accessgallery.org>

Phone Number: (303) 777-0797

#### **Hours of Operation:**

Tuesday: 10am – 2pm, Wednesday & Thursday: 10am – 4:00pm, 1st Friday: 3-9pm, 3rd

Friday: 3-8pm

Respite Saturday - Please call to schedule an appointment if outside of regular hour

Cost: Varies, but about \$3-4 per class (scholarships available)

Additional Info: Year-round workshops that engage the community by opening doors to creative and educational opportunities for people with disabilities to access the arts.

## **South Suburban Parks and Recreation - S.T.A.R. Program**

Web site: <http://www.ssprd.org/Licensed-Day-Camps>

*Adventure Day Camp:* Ages 6 – 13. Housed in an unique setting which offers a camp that keeps kids busy with activities such as the eXerGame zone, ice skating, sports, climbing wall, laser tag, adventure golf, inflatable obstacle course, sports dome, and more. Morning and afternoon snacks and lunch included in the fee. 7:00am-6:00pm, Monday – Friday. Cost: \$47/day Phone:(303) 708-4608 Email: [christinai@ssprd.org](mailto:christinai@ssprd.org) (Christina Ibarra)

*Goodson and Lone Tree Discovery Quest Day Camp:* Ages 5 – 10 (Must have completed Kindergarten). Explore opportunities at this classic camp for those who enjoy a little bit of everything: arts & crafts, sports, science fun, indoor/outdoor group activities, swimming, field trips and much more. Participants must bring a morning snack and lunch unless otherwise instructed. Afternoon snack is provided. 7:00am – 6:00pm, Monday – Friday. Cost: varies Phone: (303) 708-3518 Email: [maryk@ssprd.org](mailto:maryk@ssprd.org) (Mary Kaminski) Dates: Spring, Summer, Thanksgiving, and Winter Breaks and MLK and President Days.

## **Wilderness on Wheels**

Website: [www.wildernessonwheels.org](http://www.wildernessonwheels.org)

Phone Number: 303-403-1110 Email: [wildernessonwheels@gmail.com](mailto:wildernessonwheels@gmail.com)

Ages: All Ages

Dates: Spring and summer dates coming soon. See website for more details. WOW offers camping, hiking, fishing, and more with the option to stay the night in cabins (for a small fee), tent sites, or huts (free, by donation only). Entire area is made wheelchair accessible.

## **YMCA Camp Jackson**

Website: <http://www.campjackson.com/family-camps>

Phone Number: (719) 543-5151

Email: [campjackson.info@gmail.com](mailto:campjackson.info@gmail.com)

Ages: All ages

Youth \$25 a month

Seniors \$42 a month

Family \$65 a month

Cost: Per Adult \$45 Member / \$50 Non-Member, Per Child \$25 Member / \$30 Non-Member

*Spring Family Camp:* May- Please visit the website for dates and times

*Summer Family Camp:* Su. June 10<sup>th</sup> – Aug. 3<sup>rd</sup> (8weeks) \$500/week

Additional Information: Camp is a great place to bring the whole family - to get away from the stresses of everyday life and get back in touch with what is most important - Family. You will have a private cabin for your family to relax and enjoy. All meals are served from the Dining Hall and you will have a chance to sign up for the activities you want to do as a family.

**YMCA of Metropolitan Denver – Autism Respite Program**

Website: <http://www.denverymca.org/youth/autism-respite-program>

Phone: (720) 524-2750

Email: [ceades@denverymca.org](mailto:ceades@denverymca.org) (Claire Eades)

Additional Information: The aquatics-based Autism Respite Program gives kids an opportunity to move and exercise, while increasing their comfort and familiarity in the water, with other people, and in a recreational environment that is conducive to their needs.

For each three-hour session, children are each paired with a qualified staff instructor. They start in the pool, swimming for 45 minutes to two hours, depending on the interest of each child. Next, they have a snack and then take advantage of the Childwatch facility, dance studio, gymnasium, outside fields, or playground. The program also encourages socialization through group play and instructor interaction. Because children are working one-on-one with an instructor, their time at the Y can be flexible, based on each child's needs and desires that day. The program is offered throughout the year.