

Aging and Disability Resources for Colorado (ADRC)

The place where older adults (60+) and people with disabilities (18+) can get help accessing long-term services and support to remain independent in the community. The ADRC helps people make informed decisions about their care. They often offer online networks of care, which lists options for resources in a variety of categories.

Region 1: [Northeastern Colorado Association of Local Governments](#): 970-867-9409

Counties: Logan, Morgan, Phillips, Sedgwick, Washington and Yuma

Region 2-A: [Larimer County Office on Aging](#): 970-498-7750

Counties: Larimer

Region 2-B: [Weld County Area Agency on Aging](#): 970-346-6950

Counties: Weld

Region 3-A: [Denver Regional Council of Governments](#): 303-480-6700

Counties: Adams, Arapahoe, Clear Creek, Douglas, Gilpin, Jefferson, Broomfield, Denver

Region 3-B: [Boulder County Aging and Disability Resource Center](#): 303-441-1617

Counties: Boulder

Region 4: [Pikes Peak Area Council of Governments](#): 719-471-2096

Counties: El Paso, Park and Teller

Region 5: [Kit Carson County Health and Human Services](#): 719-346-7158

Counties: Cheyenne, Elbert, Kit Carson, and Lincoln

Region 6: [Otero County Department of Human Services](#): 719-383-3166

Counties: Baca, Bent, Crowley, Kiowa, Otero, Prowers

Region 7: [Pueblo Area Agency on Aging](#): 719-583-6123

Counties: Pueblo

Region 8: [South-Central Colorado Seniors Inc.](#): 719-589-4511

Counties: Alamosa, Conejos, Costilla, Mineral, Rio Grande, Saguache

Region 9: [San Juan Basin Area Agency on Aging](#): 970-264-0501

Counties: Archuleta, Dolores, La Plata and Montezuma

Region 10: [Region 10](#): 970-360-6083

Counties: Delta, Gunnison, Hinsdale, Montrose, Ouray, and San Miguel

Region 11: [Associated Governments of Northwest Colorado](#): 970-248-2717

Counties: Garfield, Mesa, Moffat, Rio Blanco, Routt

Region 12: [Northwest Colorado Council of Governments](#): 970-468-0295

Counties: Eagle, Grand, Jackson, Pitkin, Summit

Region 13: [Upper Arkansas Area Agency on Aging](#): 719-539-3341

Counties: Chaffee, Custer, Fremont, Lake

Region 14: [South Central Council of Governments](#): 719-845-1133

Counties: Huerfano, La Animas