

Are you caring for your parent or an elderly loved one?

*Do you wish you had an expert you could call
to have your questions answered?*

**Join us for a FREE monthly teleconference
to answer your questions about aging**



Ask Your Care Manager

The Older Adult and Caregiver Services (OACS) program of Lutheran Family Services Rocky Mountains is proud to offer this service to discuss and demystify the most commonly asked questions regarding aging.

Each teleconference participant is eligible to receive **25% off a care management consultation.**

Schedule of Topics in 2017

(all teleconferences are from noon to 1:00pm)

Jan 11 - *When to Move Your Loved One*

Feb 8 - *Addressing Resistance to Change*

March 8 - *Selecting a Senior Living Facility*

April 12 - *Understanding Medicaid Long Term Care*

May 10 - *Benefits for Veterans*

June 14 - *Aging in Place: Pre-planning is Crucial*

July 12 - *Aging in Place: What am I forgetting?*

Aug 9 - *Planning for Life's "What-ifs?": Understanding Advance Care Planning*

Sep 13 - *Planning for Life's "What-ifs?": Understanding Advance Directives*

Oct 11 - *Should I be concerned? What to watch for*

Nov 8 - *Understanding Caregiver Fatigue*

Dec 13 - *Hiring a Caregiver*



**LUTHERAN
FAMILY SERVICES**
Rocky Mountains

*** We are adding two new in-person presentations in 2017 ***

Memory Concerns: When Should I be Worried?

Preparing for Aging in Place

*For more information, to register for our teleconference, or to schedule a consultation,
call **303.217.5864** or **970.232.1180**, or register online at **lfsrm.org/caregiver-services**.*