

Caregiver Support Groups

Caregiver Support Group (Boulder)

- For caregivers of older adults
- Facilitated by Ina Rifkin and Don Dick, Peer Counselors
- Meets every Tuesday, 4 – 6 p.m., at Golden West, 1055 Adams Circle, Boulder
- For information: Ina, 303-554-5668, or Don, 303-444-0743 or 303-570-6375

Caregiver Support Group (Boulder)

- For adult children concerned about or caring for aging parents
- Sponsored by Boulder County Area Agency on Aging, Boulder Jewish Family Service, and City of Boulder Senior Services
- Facilitated by Andrew Bunin, LPC, and Jodi Ansell, MSW
- Meets second Thursday of each month, 5:30 – 7 p.m., at East Boulder Senior Center, 5660 Sioux Drive, Boulder
- For information: Jodi, 303-415-1025 or jansell@jewishfamilyservice.org

Caregiver Support Group (Boulder)

- For spouses and partners of older adults
- Facilitated by Ellen Knapp, LPC and George Ramsey, LPC
- Meets every other Wednesday, 3:30 – 5 p.m.
- For location and other information: Ellen, 720-217-9614 or ellen@ellenknapp.com

Caregiver Support Group (Longmont)

- For caregivers of older adults
- Facilitated by Brandy Queen, LPC, and Sara Beery, Peer Counselor
- Meets first Monday of each month, 6 – 7:30 p.m. (if the first Monday is a holiday, meets on second Monday), at Longmont Senior Center, 910 Longs Peak Avenue, Longmont
- Light dinner provided
- For information: Brandy, 303-651-8414

Coping with Change and Loss while Caregiving for Someone with Dementia Support Group (Boulder)

- For caregivers of persons with Alzheimer's disease or a related dementia
- Sponsored by Alzheimer's Association of Colorado
- Meets second Wednesday of each month, 10:00 – 11:30 a.m., at Unitarian Universalist Church of Boulder, 5001 Pennsylvania Ave., Boulder
- For information: Alzheimer's Association Helpline, 1-800-272-3900, or coloradosupportgroups@alz.org

Dementia Caregiver Support Group (Boulder)

- For caregivers of persons with Alzheimer's disease or a related dementia
- Sponsored by Alzheimer's Association of Colorado
- Meets first Thursday of each month, 12 – 1:30 p.m., at East Boulder Senior Center, 5660 Sioux Drive, Boulder
- For information: Alzheimer's Association Helpline, 1-800-272-3900, or coloradosupportgroups@alz.org

Dementia Caregiver Support Group (Boulder)

- For caregivers of persons with Alzheimer's disease or a related dementia
- Sponsored by Alzheimer's Association of Colorado
- Meets second Tuesday of each month, 11 a.m. – 12:30 p.m., at East Boulder Senior Center, 5660 Sioux Drive, Boulder
- For information: Alzheimer's Association Helpline, 1-800-272-3900, or coloradosupportgroups@alz.org

Dementia Caregiver Support Group (Erie)

- For caregivers of persons with Alzheimer's disease or a related dementia
- Sponsored by Alzheimer's Association of Colorado
- Meets first Thursday of each month, 4 – 5:30 p.m., at Erie Community Center, 450 Powers Street, Erie
- For information: Alzheimer's Association – Weld County, 970-392-9202

Dementia Caregiver Support Group (Longmont)

- For caregivers of persons with Alzheimer's disease or a related dementia
- Sponsored by Alzheimer's Association of Colorado
- Facilitated by Brandy Queen, LPC, and June Sullivan, Peer Counselor
- Meets second Tuesday of each month, 12 – 1:30 p.m., at Longmont Senior Center, 910 Longs Peak Avenue, Longmont
- Light lunch provided
- For information: Alzheimer's Association Helpline, 1-800-272-3900, or coloradosupportgroups@alz.org; or Longmont Senior Center, 303-651-8411

Dementia Caregiver Support Group (Longmont)

- For caregivers of persons with Alzheimer's disease or a related dementia
- Sponsored by Alzheimer's Association of Colorado
- Meets second Tuesday of each month, 12:30 – 2 p.m., at Longs Peak United Methodist Church, 1421 Elmhurst Drive, Longmont
- For information: Alzheimer's Association Helpline, 1-800-272-3900, or coloradosupportgroups@alz.org

Dementia Caregiver Support Group (Louisville)

- For caregivers of persons with Alzheimer's disease or a related dementia
- Sponsored by Alzheimer's Association of Colorado
- Meets second Thursday of each month, 6 – 7:30 p.m., at Louisville Senior Center, 900 W. Via Appia, Louisville
- For information: Alzheimer's Association Helpline, 1-800-272-3900, or coloradosupportgroups@alz.org .