

# Year-Round



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**Year-Round Respite Guide 2015-2016**

**Specialized Programs for Individuals with Intellectual and Developmental  
Disabilities and/or Special Health Care Needs**

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\*This resource is provided as informational only. We do not endorse any services listed.

Please use your own discretion when utilizing services from any providers and contact the camps directly for more information.

### **Ascendigo**

Website: <http://ascendigo.org/>

Phone: (970) 927 - 3143

Email: [asingiser@ascendigo.org](mailto:asingiser@ascendigo.org)

Cost: Varies by program- check website or email for more information; scholarships available

*Fall Weekend Dates:* Each session runs from 10:00am – 3:00pm and is filled with fun, physical activities within the Roaring Fork Valley.

September 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>

October 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>

November 6<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>

*Autism Skis:* Enjoy skiing and snowboarding at one of the world's premier family-friendly resorts; includes private lessons with a skiing professional who specializes in teaching those across the autism spectrum.

February 15<sup>th</sup> – 19<sup>th</sup>

March 7<sup>th</sup> – 11<sup>th</sup>

March 14<sup>th</sup> – 18<sup>th</sup>

March 21<sup>st</sup> – 25<sup>th</sup>

March 28<sup>th</sup> – April 1<sup>st</sup>

### **Adams Camp – Early Start, Pathfinder, Trailblazer**

Website: <http://www.adamscamp.org>

Phone: (303) 563 – 8290

Email: [communication@adamscamp.org](mailto:communication@adamscamp.org)

Cost: Varies by program- check website or email for more information; scholarships available

*Therapy Camps:* October 25<sup>th</sup> – 30<sup>th</sup> (Early Start, ages 1-4)

Dates coming soon for Pathfinder and Trailblazer therapy (ages 4-12)

*Fall Adventure:* September 12<sup>th</sup> – 13<sup>th</sup>, Meet-Up in Denver (ages 18 and up)

October 16<sup>th</sup> – 18<sup>th</sup>, Meet-Up in Estes Park (ages 16 and up)

*Winter Week:* March 13<sup>th</sup> – 16<sup>th</sup>, 2016, at Snow Mountain Ranch (ages 16 and up)

## **Adaptive Adventures**

Web site: <http://adaptiveadventures.org/program/alpine-skiing-and-snowboarding>

Phone Number: (303) 679-2770

Call for specific dates and pricing.

*STARS Camp*: A sports camp for youth with physical disabilities who want to learn how to ski or snowboard. STARS Camps are also great for those who have skied or snowboarded before and would like to advance their skills. Private and group lessons will be provided in fun and exciting environments.

*All Mountain Camps*: The goal is to provide a fun, social environment for intermediate and above adaptive skiers and riders to improve their skills and meet some new friends in the process.

## **Aspen Camp**

Website: <http://www.aspencamp.org/wintercamp>

Contact: 1-970-315-0513

Email: [office@aspencamp.org](mailto:office@aspencamp.org)

Date: February 11<sup>th</sup> – 15<sup>th</sup> 2016      Ages 10-17

Cost: \$399 - Scholarships and payment plans may be available.

\*\$30 off if registered before November 1<sup>st</sup>

Additional Information: In addition to skiing/snowboarding instruction, participants will enjoy bonfires, snowball fights, trips to hot springs, costume days, games, homework time, and the chance to make great friends!

## **Aurora Recreation Therapeutic Programs**

Website: [www.auroragov.org/ThingsToDo/Recreation/TherapeuticRecreation/index.htm](http://www.auroragov.org/ThingsToDo/Recreation/TherapeuticRecreation/index.htm)

Phone: (303) 326-8410

Email: [nkiernan@auroragov.org](mailto:nkiernan@auroragov.org)

Ages: 14 and up

*Full-day Activities*: Offered during Fall, Winter, Spring, and Summer Breaks; 10:00am – 2:00pm

## **Beyond Classroom Walls**

Website: [www.speechandvoice.com/bcw-social-bunch](http://www.speechandvoice.com/bcw-social-bunch)

Phone Number: (303)-330-3309

Age: Elementary School

Cost: Varies by program, call for specific pricing

Dates and Times: Four different 8 week-long sessions offered throughout September – May

Additional Information: Direct hands-on coaching to apply and reinforce necessary social skills and behavior for building friendships, interacting in a classroom, vocational preparation and community interaction. Prerequisite Skills Required: Ambulatory, independent with bathroom skills, communication, reading and writing at the single word/phrase level, and the ability to sit and focus on activities for 15-20 minutes.

## **Breckenridge Outdoor Center (BOEC)**

Website: [www.boec.org](http://www.boec.org)

Phone Number: (970) 453-6422 (Toll Free Number: 800-383-2632)

Email: [boec@boec.org](mailto:boec@boec.org)

Call or email for dates, costs, and additional information.

## **Colorado Acts – Shining Stars**

Website: [www.coloradoacts.org](http://www.coloradoacts.org)

Email: [coloradoacts@yahoo.org](mailto:coloradoacts@yahoo.org)

Ages: 4-18

Cost: \$100/session

After-School/Evening rehearsals and performances available for all ages. Call for details on scheduling.

Additional Information: Shining Stars is a drama camp experience for children with special needs and provides students the opportunity to expand their communication and social skills.

## **Colorado Lions Camp**

Website: [www.coloradolionscamp.org](http://www.coloradolionscamp.org)

Email: [coloradoacts@yahoo.org](mailto:coloradoacts@yahoo.org)

Cost: Varies by program, email for more information

Dates:

Nov 13 <sup>th</sup> – 15 <sup>th</sup>	18+ years old
Dec 18 <sup>th</sup> – 20 <sup>th</sup>	8-17 years old
Jan 8 <sup>th</sup> – 10 <sup>th</sup>	30+ years old
Feb 12 <sup>th</sup> – 14 <sup>th</sup>	TBA
Mar 11 <sup>th</sup> – 13 <sup>th</sup>	8-17 years old

Additional Information: There will be outdoor activities (weather-permitting), crafts, indoor games, cooking, self esteem building etc. Campers will come on Friday and between 3:00-6:00pm and picked up by 3:00pm on Sundays.

## **Denver Parks and Recreation – Adaptive Recreation**

Website:

[www.denvergov.org/parksandrecreation/DenverParksandRecreation/ActivitiesPrograms/AdaptiveRecreation/tabid/443643/Default.aspx](http://www.denvergov.org/parksandrecreation/DenverParksandRecreation/ActivitiesPrograms/AdaptiveRecreation/tabid/443643/Default.aspx)

Phone Number: (720) 865- 0820

Email: [adaptive.recreation@denvergov.org](mailto:adaptive.recreation@denvergov.org)

Cost: Prices vary, call for additional information

*Saturday Challengers:* Activities include a variety of sports, dancing, drama classes, adaptive water skiing, hiking, camping and more!

Additional Information: Denver Parks & Recreation (DPR) offers therapeutic programs for people with disabilities at any age. Through numerous leisure activities, Certified Therapeutic Recreation Specialists and other DPR team members create opportunities to improve quality of life, foster independence and boost self-esteem.

## **Easter Seals**

Website: <http://www.easterseals.com/co/our-programs/>

Phone Number: (303) 233-1666      Email: [nhanson@eastersealscolorado.org](mailto:nhanson@eastersealscolorado.org) (Nancy Hanson)

*Discovery Club*: A day for children to explore and learn in a friendly social setting. Kids will meet new friends and enjoy recreational activities such as sports, games, singing, drama, and more!

10am – 4pm Ages: 6-18    Cost: \$30/person \$50/siblings

Discovery Club dates:

Aurora - Sept 27, Oct 25, Nov 22, Jan 24, Feb 28, Mar 28, Apr 25 and May 23

Boulder - Sept 13, Oct 11, Nov 8, Dec 13, Jan 10, Feb 14, Mar 14, Apr 11 and May 9

Fort Collins - Sept 27, Oct 25, Nov 22, Jan 24, Feb 28, Mar 28, Apr 25 and May 23

Northglenn – Sept 6, Oct 4, Nov 1, Dec 6, Feb 7, Mar 7, Apr 4 and May 2

Highlands Ranch - Sept 20, Oct 18, Nov 15, Dec 20, Jan 17, Feb 21, Mar 21, and Apr 18

*Rocky Mountain Village Weekend Respite Programs* Prices vary, scholarships are available.

Weekend Respite Dates:

October 10<sup>th</sup> – 11<sup>th</sup> Guys Night Out (Males 21+)

November 20<sup>th</sup> – 22<sup>nd</sup> Traditional Respite (Ages 6+)

December 4<sup>th</sup> – 6<sup>th</sup> Coming up for Air

January 8<sup>th</sup> – 10<sup>th</sup> Ski Respite (Ages 6+)

January 8<sup>th</sup> – 10<sup>th</sup> Traditional Respite #2 (Ages 6+)

January 29<sup>th</sup> – 31<sup>st</sup> Girls Slumber Party (Females Ages 6+)

February 19<sup>th</sup> – 21<sup>st</sup> Traditional Respite #3 (Ages 6+)

March 11<sup>th</sup> – 13<sup>th</sup> Coming up for Air #2

## **Expand – Boulder County Program**

Website: [www.bouldercolorado.gov/parks-rec/expand-program-for-people-with-disabilities](http://www.bouldercolorado.gov/parks-rec/expand-program-for-people-with-disabilities)

Phone Number: (303) 413-7269      Email: [lasherc@bouldercolorado.gov](mailto:lasherc@bouldercolorado.gov) (Cory Lasher)

Ages: 8 and up (activity-specific age requirements apply)

*Cost*: Prices vary, call for additional information.

After School, Weekend, and Overnight Programs available. Activities include a variety of sports, yoga, adventure activities such as rock climbing and hiking, overnight camping, art, writing, music, and social events.



## **Garden Autism Services**

Website: [www.gardencolorado.org](http://www.gardencolorado.org)

Email: [lauren@gardencolorado.org](mailto:lauren@gardencolorado.org)

Cost: Prices vary, email for additional information. Apply online.

*After School Program:* Ages 8 – 21. Activities include swimming, bowling, hiking, rock climbing, basketball, golf, art therapy, music therapy, horticultural therapy, restaurants, libraries, cooking, volunteering, light rail and more!

*iThrive Young Adult Day Program:* Ages 17 and up. Offered year-round, participants cultivate vocational, social and daily living skills in a fun, active and supportive environment. Activities include cooking, volunteering, bowling, sporting events, working out, hiking and more!

## **Highlands Ranch Community Association - Therapeutic Recreation Program**

Website: [www.hrcaonline.org/Recreation/TherapeuticRecreation.aspx](http://www.hrcaonline.org/Recreation/TherapeuticRecreation.aspx)

Phone Number: (303) 471- 7043      Email: [summer.aden@hrcaonline.org](mailto:summer.aden@hrcaonline.org) (Summer Aden)

Cost: \$56 Member/\$64 Guest; Prices vary for other activities – call for additional information

Fall Sports Camp Dates: October 12 & 14, 9:00am-12:00pm

*Part-day Activities:* Offered year-round Monday-Friday, for two hours

## **HILLS, Inc.**

Website: <http://dev.hills-inc.org/trips/>

Phone Number: (303) 875-9149

Ages: 13 and up

*New Years Eve Celebration:* December 31<sup>st</sup> – January 1<sup>st</sup> 4:00pm – 10:00am, Hampton Inn Denver. HILLS will provide carnival games, movies, a pizza party, desserts, arts and crafts, music and dancing and sparkling cider toast.      Cost: \$250      Registration Due: Dec 1<sup>st</sup>

*Additional Trip Dates and Prices vary.* HILLS, Inc offers year-round trips for individuals with disabilities. They offer single day, weekend, and week-long trips. Call for information.

## **Megan's Place LLC**

Website: [www.megansplacellc.org](http://www.megansplacellc.org)

Phone Number: (303) 881 – 4988

Ages: 3 – 16 years old

Cost: \$10/hour

Additional Information: Megan's Place offers care for individuals with disabilities. They offer after-school (3:30-10:00pm) and weekend care, field trips, and family activities.

## **National Sports Center for the Disabled (NSCD)**

Website: <http://nscd.org/program/day-camps/>

Phone: (303) 316-1518

Cost: Dates and prices vary, call for additional information.

*Fall programs available:* Canoeing, Kayaking, Rock Climbing, and Therapeutic Riding day camps

*Winter Programs available:* Canoeing, Kayaking, Rock Climbing, Skiing, Snowboarding, and Ski Biking day camps; Multi-day and overnight camps also available.

*Spring Programs available:* Canoeing, Kayaking, Rock Climbing, Skiing, Snowboarding, and Ski Biking day camps

## **Parker Recreation Programs**

Website: [www.parkerrec.com/892/Therapeutic-Recreation](http://www.parkerrec.com/892/Therapeutic-Recreation)

Phone Number: (303) 805- 3208

Email: [tbickel@parkeronline.org](mailto:tbickel@parkeronline.org) (Terry Bickel)

See website for session dates and costs. Scholarships are available for eligible families.

Offering year-round programs such as dances, game nights, and holiday-related experiences.

## **The Rhythm Within**

Website: [www.therhythmwithin.net](http://www.therhythmwithin.net)

Phone Number: (303) 827-418

Email: [bluewoodfire@hotmail.com](mailto:bluewoodfire@hotmail.com) (Jonah Berger)

Cost: \$40/hour for Therapeutic Mentorship; Overnight and daily rates vary by case.

## **Round Up River Ranch – Family Camps**

Website: [www.roundupriverranch.org](http://www.roundupriverranch.org)

Phone Number: 970-524-2267

Email: [info@roundupriverranch.org](mailto:info@roundupriverranch.org)

Cost: FREE

Dates:

Oct 2 <sup>nd</sup> – 4 <sup>th</sup>	Neurologic Disorders
Oct 16 <sup>th</sup> – 18 <sup>th</sup>	Heart Disease/Heart Transplant
Oct 30 <sup>th</sup> – Nov 1 <sup>st</sup>	Kidney Disease
May 2016 dates TBA	Liver Disease/Liver Transplant/GI Disorders

Additional Information: Camp designed for children with chronic and life threatening illnesses.

Activities include boating, fishing, music, horseback, riding, and challenge course. Location is near Gypsum, CO.

## **Sante Fe Art Gallery**

Website: <http://accessgallery.org>

Phone Number: (303) 777-0797

Cost: Varies, but about \$3-4 per class (scholarships available)

Additional Information: Year-round workshops that engage the community by opening doors to creative and educational opportunities for people with disabilities to access the arts.

## **Schlessman Family YMCA**

Website: <http://www.denverymca.org/schlessman-family-ymca>

Phone: (720) 524-2750

Email: [ceades@denverymca.org](mailto:ceades@denverymca.org) (Claire Eades)

Cost: \$50/session, register with Claire Eades directly.

Dates: November 23<sup>rd</sup> & 24<sup>th</sup> (1:30-4:30pm)  
December 21<sup>st</sup> & 22<sup>nd</sup> (1:30-4:30pm)

Additional respite opportunities available on Saturday afternoons throughout the school year as well as occasional Kid's Night Out events on Friday evenings. All sessions are capped at 6 participants in order to maintain a 1:1 staff-participant ratio.

## **South Suburban Parks and Recreation - S.T.A.R. Program**

Web site: <http://www.ssprd.org/Licensed-Day-Camps>

*Adventure Day Camp:* Ages 6 – 13. Housed in an unique setting which offers a camp that keeps kids busy with activities such as the eXerGame zone, ice skating, sports, climbing wall, laser tag, adventure golf, inflatable obstacle course, sports dome, and more! Morning and afternoon snacks and lunch included in the fee. 7:00am-6:00pm, Monday – Friday. Cost: \$47/day

Phone: (303) 708-4608      Email: [christinai@sspr.org](mailto:christinai@sspr.org) (Christina Ibarra)

Adventure Day Camp Dates:

Oct 12<sup>th</sup> – 16<sup>th</sup>

Oct 26<sup>th</sup> – 30<sup>th</sup>

Nov 27<sup>th</sup> (Black Friday)

Dec 18<sup>th</sup>

Dec 21<sup>st</sup> – 24<sup>th</sup>

Dec 28<sup>th</sup> – 31<sup>st</sup>

*Goodson and Lone Tree Discovery Quest Day Camp:* Ages 5 – 10 (Must have completed Kindergarten). Explore opportunities at this classic camp for those who enjoy a little bit of everything: arts & crafts, sports, science fun, indoor/outdoor group activities, swimming, field trips and much more. Participants must bring a morning snack and lunch unless otherwise instructed. Afternoon snack is provided. 7:00am – 6:00pm, Monday – Friday. Cost: varies

Phone: (303) 708-3518      Email: [maryk@ssprd.org](mailto:maryk@ssprd.org) (Mary Kaminski)

Discover Quest Day Camp Dates: Spring, Summer, Thanksgiving, and Winter Breaks as well as Martin Luther King and President Days.

## **Summit Camp – Weekender Programs**

Website: <http://www.summitweekender.com/index.php/locations/colorado>

Phone Number: (888) 550-3111

Email: [colorado@summitweekender.com](mailto:colorado@summitweekender.com)

Ages: 11 – 19 years old

Dates: October 9 <sup>th</sup> – 11 <sup>th</sup> Weekend Get Away (Buena Vista)	Cost: \$250
November 15 <sup>th</sup> Bowling Party (Denver)	Cost: \$20
January 24 <sup>th</sup> Museum of Nature and Science (Denver)	Cost: \$30
February 26 <sup>th</sup> – 28 <sup>th</sup> Weekend Get Away (Buena Vista)	Cost: \$250
April 22 <sup>nd</sup> – 24 <sup>th</sup> Weekend Mini Camp (100 Elk Camp)	Cost: \$425

## **Wilderness on Wheels**

Website: [www.wildernessonwheels.org](http://www.wildernessonwheels.org)

Phone Number: (720) 308-2239

Email: [bcandthwheel@q.com](mailto:bcandthwheel@q.com)

Ages: All Ages

Dates: Open until May 15<sup>th</sup> – Oct 15<sup>th</sup>, call to schedule. WOW offers camping, hiking, fishing, and more with the option to stay the night in cabins (for a small fee), tent sites, or huts (free, by donation only). Entire area is made wheelchair accessible.

## **YMCA Camp Jackson**

Website: <http://www.campjackson.com/family-camps>

Phone Number: (719) 543-5151

Email: [campjackson.info@gmail.com](mailto:campjackson.info@gmail.com)

Ages: All ages

Cost: Per Adult \$40 Member / \$50 Non-Member, Per Child \$25 Member / \$30 Non-Member

*Fall Family Camp: September 25<sup>th</sup> – 27<sup>th</sup>*

*Dad/Lad Weekend: September 19<sup>th</sup> – 20<sup>th</sup>*

*Spring Family Camp: May 29<sup>th</sup> - 31<sup>st</sup>*

*Summer Family Camp: August 7<sup>th</sup> – 9<sup>th</sup>*

Additional Information: Camp is a great place to bring the whole family - to get away from the stresses of everyday life and get back in touch with what is most important - Family. You will have a private cabin for your family to relax and enjoy. All meals are served from the Dining Hall and you will have a chance to sign up for the activities you want to do as a family.