

Southern Colorado Respite Summit

Breakout Session #1

What services currently exist?

- Respite voucher program (CU Center on the Aging)
- Air Force EFMP
- Special Kids Special Families (Zach's Place)
- Cheyenne Village
- The Resource Exchange
- Play Date Behavioral Interventions
- Fostering Hope
- Pikes Peak Respite
- Bailey's Place
- KBC – Lutheran Family Services
- Caregiver Coaching – Area Center for Aging
- YMCA/Pueblo City/County H.C.
- Blue Sky (CCB)
- 42 home-care agencies in Colorado Springs area
- Teller and Park Senior Coalitions
- Caregiver Pampering Day (Area Agency on Aging)
- PACE Program
- Autism Society of Colorado (respite vouchers)
- GMAB – Autism Society (state-wide)
- Easter Seals Camps (state-wide)
- Adams Camp & Extreme Sports Camp

How Do We Search For Respite?

- TRE
- 211
- ARC
- ARCH & Area Office on Aging
- Peak Parent
- Colorado Respite Coalition
- YMCA
- Provider/Hospital Network

How are respite programs funded? How do clients pay for services?

- Grants
- Private Pay
- Medicaid/Waivers
- Older Americans Act

- Insurance
- Fundraisers
- Scholarships
- Private Insurance – GAP

Gaps in Services

- Minorities
- Rural
- Homeless
- Working poor
- Chronic illness
- Non-Medicaid Qualified
- Transportation
- Adults 21-60
- Awareness of need and issues
- LGBT community
- Training/Skill Ranges
- Transitioning from school to adulthood
- Crisis respite
- Licensing restrictions
- Dual/Multi diagnosis
- Provider respite
- Private pay clients
- Sibling Respite
- Mental health
- Partnering across agencies and resources
- Shared/Common terminology
 - Types of respites/needs associated messaging – community awareness
- Well-child/Well-family/Well-senior Respite

Breakout Session #2 – Ideas for Improving Respite in Southern Colorado

- Develop a stronger list of providers (through 211 and Colorado Respite Coalition Respite Locator)
- Form a Southern Colorado Respite Coalition
- Invite missing partners to join Coalition
 - 211
 - Military representatives
 - Mental health agencies
 - Hospice agencies
 - Foster and adoption groups
 - Faith communities

- Schools
- Medical professionals
- First responders
- ARCH
- Head Start
- Community organizations – Boy and Girl Scouts, Kiwanis, etc.
- Assisted livings and skilled nursing facilities
- Hospital social workers
- Provide training to parents about caregiving and respite
- Define what respite is and help families develop a plan to utilize it
- Use DDHS as an emergency respite program (possibly use students from UCCS, PCC, etc. to help)
- Increase awareness of respite in the region by developing stronger branding
- Share the caregiver perspective through testimonials (“A Day in the Life” video)
- Increase legislators’ awareness and understanding of need
 - Advocate for respite at Town Hall Meeting
 - Ask families and agencies to contact their legislators
- Develop a map of need for respite throughout the lifespan (showing overlaps and gaps)
- Partner with schools to increase volunteerism, introduce respite into curriculums (medical, social work, education, etc.)